

SPORTS MEDICINE SEMINAR

Dr. Jatin Walia Sir

Finally we have been succeeded in putting one more feather in our crown, after chasing for more than 6 months, we have managed to arrange the seminar of an eminent personality in Homoeopathy, the great orator, social worker and Teacher of teachers, energetic & enthusiastic homoeopath “Dr. Jatin Walia Sir”. He has spent his valuable time with us & blessed our students. His work needs no introduction; he is the **Only Homoeopath** from India to accompany as a doctor & as a guide for our teams of athletic, hockey, kabaddi, cricket etc. In the Nationals & in the Olympic Games as well

He knows that with power & knowledge also comes responsibility; keeping this in mind & working on Mahatma Gandhiji’s Principles he has adopted a village named “**Talasari**” on Maharashtra-Gujarat border & delivers his services free of cost since last 5 years on every Sunday to about 1800- 2000 native peoples living in that village; even **ISKCON** feels pleasure to help him out in this project. As well as whenever he gets free time he takes interest in teaching the students of homoeopathy.

On the afternoon of *10/01/2017* we have arranged a seminar on sports medicine exclusively for the students of *3rd & 4th year*. The seminar hall was filled with students to its limits & sir has started his lecture on sharp 2.30 pm. **Principal Dr. Poorav Desai Sir** grab an opportunity to introduce him & was felicitated by **Dr. Parul Patel** (Trustee, Parul University).

All the session went out very smoothly, with small jokes, laughter & applause from the students. Sir has narrated his methods of prescribing in cases of acute as well as chronic injuries, low back pain, flat foot, anxiety before performance etc. & narrated how to take acute case taking & manage acute emergencies. He has also narrated use of various clinical rubrics & therapeutics in practice. Mean while students also enjoyed watching a short documentary film made on his project “*talasari*”.

Students & teachers have enjoyed the seminar, loved his sense of humor & got insight & multiple ideas for their practice & prescriptions. They felt overwhelmed with pleasure & knowledge. the best part of this seminar was sir has not given any theory or principles of his own, he stated that you can achieve results by simply applying your knowledge of *Materia Medica* to the patients & no need for going for prescribing according to constitution or miasmatic background etc. just take the thorough case taking differentiate between common & uncommon symptoms & prescribe the medicine. He has advocated use

of **Boericke Materia Medica** in practice & benefits of thorough case taking.

Sir has also mentioned about effectiveness of homoeopathic medicines over other medicines especially in relation with **WADA**, doping etc. that the players usually suffer from before games. Homoeopathic medicines are not banned by WADA as well as they cannot be detected by any test in any fluid of body & can be safely administered to the patient at 11th hour before games also. The medicine will not only relieve the physical pain but will also have positive psychological effect on players which will help them in performing better. He has also advocated use of rare drugs for common complains.

The session came to an end with the notion of **Sardar Vallabh Bhai Patel** saying that “Homoeopathy is supposed to work miracles” and an emergency need of researches in field of sports medicine by using homoeopathy. He has promised to come back to our college once again whenever we call him or he manages his schedules way back at his clinic in Mumbai.



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